



First Aid with Covid-19

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Contents

- First Aid Cover
- RIDDOR
- First Aid Practices
- Kits and Equipment
- First Aid Training
- Mental Health First Aid



Reduced First Aid Cover

- Keeping Enough First Aid Cover
 - May be fewer workers
 - Stop high risk activities
- Share First Aid Cover
 - Shared First Aider's must be suitably trained
 - Shared First Aiders must know enough about your working environment
 - Be able to get there in good time



Reporting of Covid-19

RIDDOR

- An unintended incident at work has led to someone's possible or actual exposure to Corona Virus. This is reported as a Dangerous Occurrence
- A worker has been diagnosed as having Covid-19 and there is reasonable evidence that it was caused by exposure at work. This is reported as a Disease
- A worker dies as a result of occupational exposure to Corona Virus



First Aid Practices

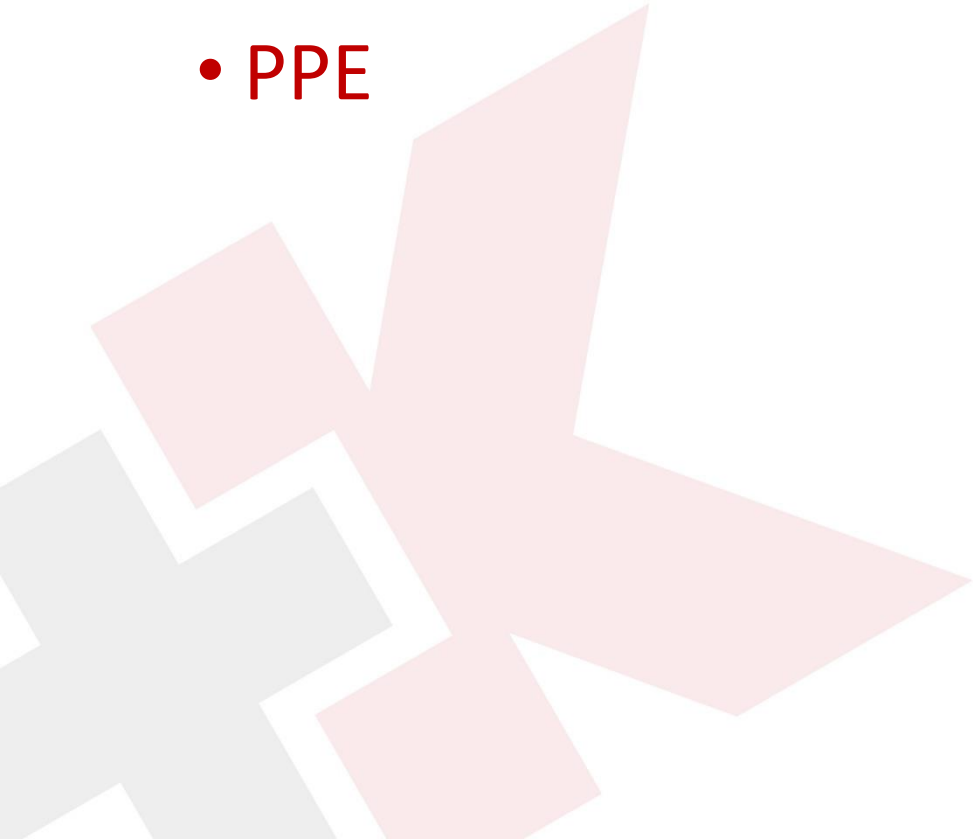
- **C.P.R.**
- Recognise cardiac arrest by absence of signs of life
- Call 999/112 and inform suspect Covid-19. Call for defibrillator is available
- Cover casualty's mouth and nose
- Chest compression only resuscitation
- Wash hands and contact NHS111

www.resus.org.uk/media/statements/resuscitation-council-uk-statements-on-covid-19-coronavirus-cpr-and-resuscitation/covid-community/



First Aid practices

- Social distancing
- Supply casualty with materials and encourage self help
- PPE





First Aid Kits and Equipment

- P.P.E. Grab Bag
- Eye protection, Mask, Gloves, Apron
- Bag, Valve, Mask
- Pulse Oximeter
- Thermometer



First Aid Training

- Commencement when Corona Virus risk level 3
- Social distancing
- P.P.E.
- Hand sanitisation



First Aid Training

- Requalification Training Extension
- Explain why training has not occurred.
Demonstrate what steps were taken to access training.
- Requalification deadline in England 30th September 2020
- HSE will review deadline for Scotland and Wales



Mental Health First Aid

- Mental Health First Aider
- Mental Health for Managers
- Mental Health Awareness
- Mental Health Toolbox





Questions?

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