

## BOOKING FORM

Name:	
Organisation:	
Correspondence Address:	
Tel /Mobile No:	
Email:	
Workshop & Conference	
	<i>OHSI Members</i> (€180) <input type="checkbox"/>
	<i>Non Members</i> (€250) <input type="checkbox"/>
Conference only OHSI Member	(€180) <input type="checkbox"/>
Conference only Non-Member	(€250) <input type="checkbox"/>
Conference Dinner	(€35) <input type="checkbox"/>

Please pay online using PayPal on our website or alternatively please return the completed booking form by email to Teresa Byrne [oshadmin@eircom.net](mailto:oshadmin@eircom.net)  
Phone: **086 8929613**

Fee includes refreshment, lunch and delegate pack. All delegates are welcome to attend the conference dinner at their own expense. If you wish to attend please indicate on the booking form.

**Terms:** Advanced payment required.  
Cheques payable to OHSI.

### Hotel accommodation booking details

Hodson Bay Hotel, Athlone, N37 XR82  
**Delegate Rate: 12th February 2020 @ €85 BB single occupancy; €95 Classic twin/double**  
T + 353 21 4507533  
Email info: [INFO@HODSONBAYHOTEL.COM](mailto:INFO@HODSONBAYHOTEL.COM)  
Web: <https://www.hodsonbayhotel.com/>

CONFERENCE FEES  
OHSI Members €180  
Non – Members €250  
(full time students/retirees €50)  
Conference Dinner €35

## OCCUPATIONAL HYGIENE SOCIETY OF IRELAND

The Occupational Hygiene Society of Ireland (OHSI) was formed in 1986. Its membership comprises broad interest groups including occupational hygienists, occupational physicians, scientists and occupational health and safety practitioners. The Society provides a consultative forum for the exchange of information and ideas for the control of occupational ill health. The Society is a member of the International Occupational Hygiene Association (IOHA) whose function is to promote and develop occupational hygiene throughout the world, promote the exchange of occupational hygiene information and ensure a high ethical standard. The IOHA has members in 23 countries worldwide.

### The aims and objectives of the Society are:

- To raise awareness of the health effects associated with a working environment.
- Promote the science of occupational hygiene as an entity within the broad area of occupational safety and health in Ireland.
- Provide a forum for the exchange of information and updating of current developments in occupational hygiene.
- Organise scientific meetings on specific subject areas.

**This conference contributes CPD points towards  
BOHS, IOSH and AIHA**

OHSI CONTACT DETAILS:

[info@ohireland.org](mailto:info@ohireland.org) and [www.ohireland.org](http://www.ohireland.org)

 [www.linkedin.com/in/occupational-hygiene-society-of-ireland-62855839](http://www.linkedin.com/in/occupational-hygiene-society-of-ireland-62855839)

 OHIreland



OCCUPATIONAL  
HYGIENE SOCIETY  
OF IRELAND

## 28th ANNUAL CONFERENCE

**Effective  
Occupational  
Hygiene  
Conversations  
- Get The  
Conversation  
Going!"**

**Wednesday 12<sup>th</sup> and  
Thursday 13<sup>th</sup> February 2020**

**HODSON BAY HOTEL,  
HODSON BAY, ATHLONE**

## DAY 1 12<sup>th</sup> February 2020

### WORKSHOP

Duration 2pm -6pm  
Wednesday 12<sup>th</sup> February 2020

## “Effective Occupational Hygiene Conversations - Get the Conversation Going!”

The aim of this interactive workshop is to unlock the potential in occupational hygiene leaders; expanding their ability to cultivate successful safety cultures. Video, imagery and drama help visualise the impact of safety leadership, whilst role-play sessions will allow delegates to put leadership skills into practice, providing an opportunity for feedback in a coaching environment. This interactive workshop focuses on the latest behavioural coaching techniques and directly applying them to improving occupational hygiene safety.

Workshop facilitated by Ethos Empowerment

### Conference Dinner

12<sup>th</sup> February 2020  
8.00 pm in  
HODSON BAY HOTEL, ATHLONE

## DAY 2 13<sup>th</sup> February 2020

8.30	Registration
9.00	Conference Opening Anne Moore OHSI Hon. President and Patricia Murray, HSA
9.10	<b>Annual Tom O' Connor Lecture</b> <b>'Behavioural Coaching'</b> Mark Allen, <b>Ethos Empowerment:</b> Behavioural Coaching is a technique used to achieve self-sustaining behavioural change. It focuses on identifying the potential in people and unlocking that potential through open and honest conversation. Occupational Hygiene interventions held in a coaching style are more effective as they make no assumptions, give people a chance to be heard and demonstrated a high level of care for the individual.
09.50	<b>'Behavioural Safety'</b> Patricia Murray, HSA: Using what we know from social and organisational psychology research about work and people to improve working life. Behaviours are born out of feelings and thoughts, influenced by experiences, wrapped in memories and encouraged by situational factors; promoting safer healthier behaviours through better informed decisions.
10.35	Tea/Coffee Break
11.00	<b>'Persistent organic pollutants in occupational and private environments'</b> Dr. Nina Wemken, NUIG: Brominated flame retardants, such as polybrominated diphenyl ethers, hexabromocyclododecane, and perfluoroalkyl are substances listed as persistent organic pollutants under the Stockholm Convention. To fully characterise human exposure to these contaminants, an Irish human bio-monitoring (HBM) study, coupled with environmental surveys of indoor air, dust and drinking water in Irish microenvironments, has been completed. As part of this study (ELEVATE), private environments (homes and cars) and occupational environments (offices and schools) were sampled to measure not only different pathways but also to estimate human exposure in different surroundings.
11.40	<b>'Local Exhaust Ventilation and aspects of usage error'</b> Paul Lacey, P&M LEV Specialists: Understanding the hazards that need to be controlled which is crucial in ensuring that the appropriate engineering control (LEV) design and use is capable of achieving its objective.
12.20	Exhibitor Presentations – Meet the exhibitors
13.00	LUNCH & Exhibits
14.15	OHSI AGM
14.30	<b>"What makes a good OH Report"</b> Shara Smith, HSA: Shara will discuss OH report writing from the eyes of an inspector and the clients perspective, giving examples of issues seen and information available on OH Report writing from the HSA.
15.20	<b>'The One Day Survey'</b> Kelvin Williams: Carrying out a suitable sampling exercise while assessing control measures, guessing what happens when you're not there and figuring out what advice would be most helpful, in the space of several hours on a one day visit - is a tall order. Yet this is the lot of many hygienists. The presentation gives advice for getting the most out of the day, correctly interpreting data and ensuring the client receives a helpful report.
16:00	Conference Close. Anne Moore OHSI Hon. President

## SPEAKERS

**Dr Nina Wemken:** Nina works in Exposure Science in the School of Physics and also a member of the NUIG Ryan Institute's Centre for Climate and Air pollution and Centre for One Health. Currently, a post-doctoral researcher on the SEAL funded ARDEN project. Nina has a B.Sc. in Forensic Science and Analysis and an MSc in Toxicology from the National University of Ireland, Galway. Her PhD included research on human exposure to Persistent Organic Pollutants (POPs) in the Irish population on the ELEVATE project.

**Paul Lacey:** Paul Lacey is a director and joint owner of P&M LEV Specialists Ltd since its formation in July 2019. Prior to this Paul worked for a mechanical services company where as head of the LEV department he designed, supplied, installed and maintained local exhaust extraction systems in all industrial, educational and commercial sectors for over 20 years. Paul has vast experience in accessing processes and the hazards therein which require engineering control (LEV) and ensuring the appropriate LEV system is correct and fit for purpose.

**Patricia Murray, Senior Organisational Psychologist/Inspector, HSA:** Patricia is the professional Work and Organisational Psychologist at the Health and Safety Authority with responsibility for the workplace psychological health and wellbeing aspects of the Programme of Work. She joined the Authority 20 years ago and was the first incumbent into the newly developed role. She set up the stress and bullying programme areas and led HSA initiatives for the improvement of workplace systems for increased employee well-being, stress reduction, bullying resolution, mental health promotion and increased safety behavior, using evidence-based insights. She provides expertise on behalf of the HSA, to various national and EU bodies on Organisational psychology topics. Patricia is a long time part-time (occasional) lecturer on related post graduate courses in UCD, Trinity College and UCC.

**Mark Allan: Ethos Empowerment:** Mark has over 20 years' experience as a behavioural safety coach working in oil & gas, construction, water treatment sectors and chemical plants. He is a keen advocate of drama based training as an immersive and interactive medium in which to facilitate learning. His involvement in drama-based training has taken him across many parts of the globe including Oman, Netherlands and the Outer Hebrides.

**Shara Smith:** Shara Smith, MSc, has worked as an inspector in both policy and enforcement roles in the Occupational Hygiene Unit of the HSA since 2008. Recent policy work has included updating the 2018 Code of Practice for the Chemical Agents Regulations. Prior to her role in the HSA, she worked in the food and pharmaceutical sectors for several years. Shara is a member of the British Occupational Hygiene Society and an Honorary Council Member of OHSI.

**Kelvin Williams:** Kelvin Williams is an independent occupational hygiene consultant with over 30 years of experience providing a wide range of occupational hygiene services to clients in the public and private sectors. Prior to establishing his consultancy business in 2003, Kelvin's experience included roles as Head of Environmental Health and Safety at Stanger Consultants, Chief Occupational Hygienist at Wimtec Environmental and Operations Director for the Occupational Health and Environment Divisions at National Britannia Ltd. Kelvin is a member of the BOHS Board and serves as Regional Organiser for the BOHS South Wales and South West England region.