

*Checklists or
Observational Training for
Workplace Inspections*

Dr Victor Hrymak

victor.hrymak@tudublin.ie

What is a Workplace Inspection

hazard identification, risk assessments, risk audits, risk reviews, risk surveys, safety inspections, safety reviews, safety checks, safety tours, safety visits, safety surveys, safety walkthroughs, health and safety walks, health and safety audits, due diligence visits, accident investigations, inspections, surveys, scoping visits, familiarisation exercises, management safety walkabouts, Gemba walks and forensic investigations.

$$25! = 1.55 \times 10^{25}$$

Types of Workplace Inspection

A visit to a site when you look around for safety related reasons

So How Are Workplace Inspections Currently Conducted

An overarching strategy of “Look Ask & Read”

But with a lot of variation

Methods of Workplace Inspection

- Observation (visual inspections)
- Checklists
- Interviews & questions
- Read reliable site related documentation
- Use analytical equipment
- Think about what might go wrong

Observational Methods

- Random observation
- Checklists, templates or set items
- Systematic visual search method

Random Observation

Walk around the site as you see necessary

Checklists, Templates, Set Items

Thousands available

Collectively referred to here as “checklists”

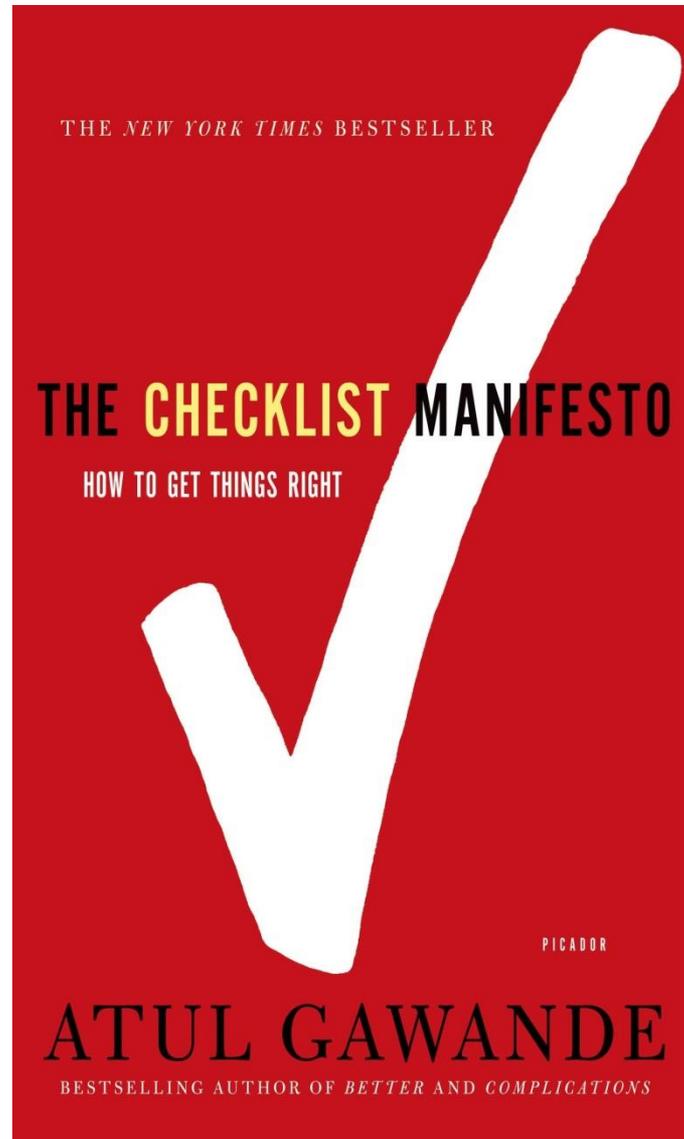


Checklist Advantages

- Cheap
- Easy to use with little if any training
- Quick
- Readily available
- Ubiquitous
- Excellent as prompts



Checklist Advantages



THE NEW YORK TIMES BESTSELLER

THE CHECKLIST MANIFESTO

HOW TO GET THINGS RIGHT

PICADOR

ATUL GAWANDE

BESTSELLING AUTHOR OF *BETTER AND COMPLICATIONS*



Checklist Disadvantages

- Far too simplistic for competent assessment using the reasonably foreseeable criteria
- Far too many hazards omitted unless very specific
- Subject to visual search errors



Example Checklist

Problems to look for when making an assessment	Tick answer YES NO	Ways of reducing the risk	Action to take
2 Keyboards			
Is the keyboard separate from the screen?	<input type="checkbox"/> <input type="checkbox"/>	This is a requirement, unless the task makes it impracticable (eg where there is a need to use a portable).	<hr/>
Does the keyboard tilt?	<input type="checkbox"/> <input type="checkbox"/>	Tilt need not be built in.	<hr/>
Is it possible to find a comfortable keying position?	<input type="checkbox"/> <input type="checkbox"/>	Try pushing the display screen further back to create more room for the keyboard, hands and wrists.	<hr/>
 		Users of thick, raised keyboards may need a wrist rest.	<hr/>
 			<hr/>
 			<hr/>
 			<hr/>
Does the user have good keyboard technique?	<input type="checkbox"/> <input type="checkbox"/>	Training can be used to prevent: <ul style="list-style-type: none"> ■ hands bent up at wrist; ■ hitting the keys too hard; ■ overstretching the fingers. 	<hr/>
Are the characters on the keys easily readable?	<input type="checkbox"/> <input type="checkbox"/>	Keyboards should be kept clean. If characters still can't be read, the keyboard may need modifying or replacing. Use a keyboard with a matt finish to reduce glare and/or reflection.	<hr/>

Example Checklist

Manual handling assessment charts (the MAC tool)

Risk factors	Colour band (G, A, R or P)			Numerical score (for comparison)			Possible control measures to reduce the risk of red/amber factors – see http://www.hse.gov.uk/msd/mac/control-measures-scoresheet.htm for more information
	Lift	Carry	Team	Lift	Carry	Team	
Load weight/frequency							
Hand distance from the lower back							
Vertical lift zones		N/A			N/A		
Torso twisting and sideways bending OR Asymmetrical torso or load (carrying)							
Postural constraints							
Grip on the load							
Floor surface							
Carry distance	N/A			N/A			
Obstacles on route	N/A			N/A			
Communication, co-ordination and control	N/A	N/A		N/A	N/A		
Environmental factors							
	Total score:						

Health and Safety
Executive

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Example Checklist

Name of inspector		Time	Date
<input type="text"/>		<input type="text"/>	<input type="text"/>
Y = Yes N = No NA = Not Applicable			
1. Site Control		6. Cranes/Hoist/Lifting Equipment	
a. Hazard board and signage up-to-date	<input type="checkbox"/>	a. Proper lift assessment plan done	<input type="checkbox"/>
b. Environmental plans/measures	<input type="checkbox"/>	b. Crane certification current	<input type="checkbox"/>
c. Toolbox talk last date	<input type="text"/>	c. Slings/chains certified	<input type="checkbox"/>
d. Safety inductions for all on site	<input type="checkbox"/>	d. Operator procedures in place	<input type="checkbox"/>
e. Safety notice board current	<input type="checkbox"/>	e. Inspections being done	<input type="checkbox"/>
2. Site Facilities		7. Compressed Air Equipment	
a. Offices clean, adequate & good lighting	<input type="checkbox"/>	a. In good condition	<input type="checkbox"/>
b. Smoko sheds – clean, potable water	<input type="checkbox"/>	b. Appropriate guards fitted	<input type="checkbox"/>
c. Toilets – clean, washing water	<input type="checkbox"/>	c. Trained user	<input type="checkbox"/>
d. Tool/equipment sheds adequate	<input type="checkbox"/>	8. Excavations	
3. General Site Tidiness & Accessways		9. Hot Works	
a. Clear, safe access to work areas	<input type="checkbox"/>	a. Hot work permits being issued	<input type="checkbox"/>
b. Stairways and accessways clear	<input type="checkbox"/>	b. Fire extinguishers on hand	<input type="checkbox"/>
c. Hoardings/fence and gates secure	<input type="checkbox"/>	c. Operators using PPE	<input type="checkbox"/>
d. Loose materials secure from wind	<input type="checkbox"/>	10. Electrical Equipment/Plant	
4. Personal Safety Equipment		11. Hazardous Products/Substances	
a. Signage displayed and legible	<input type="checkbox"/>	a. Correctly stored	<input type="checkbox"/>
b. Hardhats being worn	<input type="checkbox"/>	b. Safety Data Sheet (SDS) available	<input type="checkbox"/>
c. Correct footwear being worn	<input type="checkbox"/>	c. Operators using PPE	<input type="checkbox"/>
d. Glasses/ear muffs/vests/masks used	<input type="checkbox"/>	12. PAT's and Nailers	
5. First Aid/Fire Prevention		13. Scaffolding	
a. First aid box Available	<input type="checkbox"/>	a. Notifiable weekly Scafftag/current	<input type="checkbox"/>
b. Accident register	<input type="checkbox"/>	b. Handrails/mid-rails	<input type="checkbox"/>
c. Fire extinguishers Available	<input type="checkbox"/>	c. Toe boards	<input type="checkbox"/>
Current (12 mth)	<input type="checkbox"/>	d. Platforms	<input type="checkbox"/>
Sufficient number	<input type="checkbox"/>	e. Ladders/stairs	<input type="checkbox"/>
d. Evacuation Procedure current	<input type="checkbox"/>	f. Base sound	<input type="checkbox"/>
All emergencies incl	<input type="checkbox"/>	g. Work platforms clear	<input type="checkbox"/>
		h. Platforms trip free	<input type="checkbox"/>
		i. Planks tied down	<input type="checkbox"/>
		j. Headroom clear	<input type="checkbox"/>
		k. Ties/bracing adequate	<input type="checkbox"/>
		14. Ladders	
		a. Good condition	<input type="checkbox"/>
		b. Secured top and bottom	<input type="checkbox"/>
		c. Stays to step ladders	<input type="checkbox"/>
		d. Working 2 steps down	<input type="checkbox"/>
		15. Fall Hazards	
		a. Floor edges Floor openings	<input type="checkbox"/>
		b. Lift shafts Stairs	<input type="checkbox"/>

Example Checklist

Workplace Inspection Checklist				
Item	Yes	No	N/A	
1 Fire				
- Extinguishers are in place				
- Are clearly marked				
- Have been serviced in the past 6 months				
- Area around extinguisher is clear for a 1 meter radius				
- Fire exit signs are in working order				
- Exit doors are not blocked				
- Exit doors can easily be opened				
- Fire alarm is in working order				
- Emergency plan is displayed				
- Emergency drill carried out within the last 6 months				
2 Electrical				
- No broken plugs, sockets or switches				
- No frayed or damaged leads				
- Portable power tools in good condition				
- No temporary leads on the floor				
- Testing and tagging of electrical items has been attended within the last 12 months				
3 General Lighting				
- There is adequate illumination in working areas				
- There is good natural lighting				
- There is no direct or reflected glare				
- Light fittings are in good working condition and are clean				
- Emergency lighting is operational				
4 Walkways				
- No oil or grease				
- Walkways are clearly marked				
- Walkways are clear of obstructions				
- There is unobstructed vision at intersections				
- Stairs not blocked and are in good condition				

Common to all Checklists

The use of the visual senses

So how good are your visual senses during inspections?

Vision is our dominant sense. It provide us with most of the information about our world in terms of location, motion and object recognition

Visual Inspection Failures

- Rosepark Nursing Home, 14 Deaths 2011
- US, 2No. Nursing Homes 2004, 40 Deaths
- Macondo Oil Well Explosion 2010, 11 Deaths
- Industrial Engineering Sector 15-85% accuracy

Visual Inspection Failures

- I don't make mistakes, I'm too professional
- I don't miss hazards, I can smell them a mile off
- They don't get past me, I'm far too experienced
- You're approach is caveman. Paperwork and auditing, that's the way to go

Visual Inspection Errors

There are many sensory-perceptual, cognitive and organisational causes of visual error



Waterfall; MC Escher 1961

Causes of Visual Inspection Error

Cause	Brief Explanation
Limitations in Memory	Holding data in visual search memory reduces the rate of evaluation of new targets
Interference between memory sets	Missing that an M6 sized bolt is incorrectly stored in an M8 container
Capacity of memory	Too many objects to memorise correctly
Memory degradation	A decay in the amount of memory from age or disease
Subsequent search misses	The observation of a target negatively affects the observation of subsequent targets
Target prevalence	Lower visual inspection performance is related to very low levels of target prevalence
Speed accuracy trade off	The speed of search and observational accuracy are inversely related
Vigilance and Diligence	How well the observational task is conducted, affects visual inspection performance
In-attentional blindness	When a given attentional set is adopted, an unexpected object may go undetected if it does not share the same set properties
Hybrid foraging search behaviour	Visual inspection performance is influenced by previous mean times taken to observe targets
Expert judgement	Professional judgement accuracy varies
Confirmation bias	A tendency to see what you expect to see
Outcome bias	A tendency to ignore warnings
Ambiguity in definitions	A lack of precision in defining a hazard allowing that object to be mis-interpreted as not of interest
The lack of guidance in visual inspection conduct	Idiosyncratic behaviour resulting in some objects of interest not being observed due to visual inspection conduct
Degrading resolution away from the fovea	Objects in peripheral vision are more difficult to clearly observe
Variability in the visual environment	The complexity of the visual search environment affects performance

What is Systematic Visual Search

The iterative selection of a
specific room element

followed by the use a specific eye scanning
pattern on that sole element

“Reading a book” eye scanning pattern





Checklists v SVS

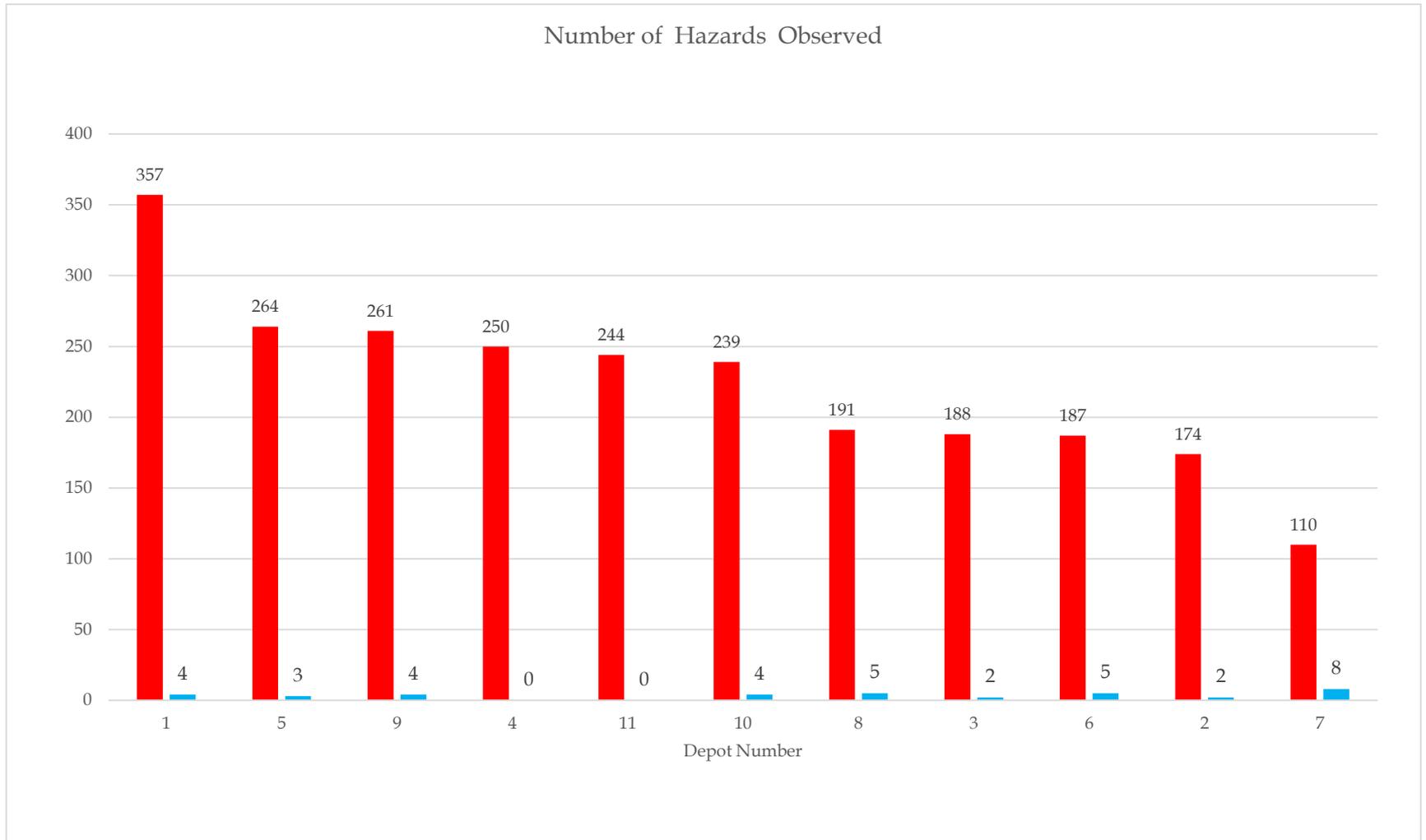
A comparison was achieved by applying both methods to 11 Irish railway engineering depots and comparing how many hazards were identified by each method.



Checklists v SVS

Method	Total N Hazards Observed	Total High Risk Hazards Observed
Checklist	37	0
SVS	2,465	329

Checklists v SVS



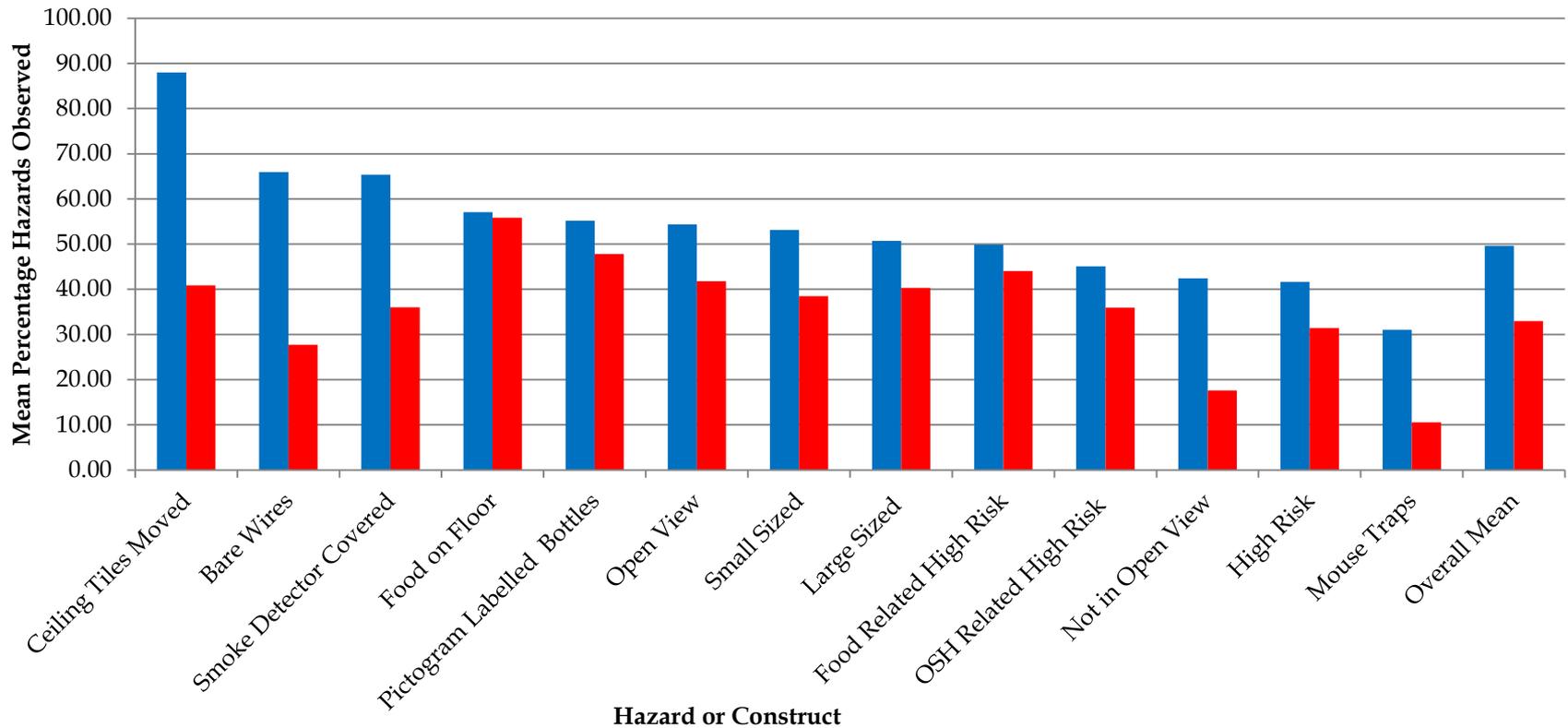
Limitations of Study

- Sample size & power
- Checklist design
- Checklist use
- Time differences between methods

Systematic Visual Search Evidence



Red; Control
Blue; Experimental



Summary of Results

	N	Mean % hazards observed	SD	95% CI's	p value	Cohen's d
Control	107	32.96	9.02	[31.24- 34.70]		
Experimental	104	49.64	10.88	[47.53- 51.76]	≤.001	1.84

Thank You

Checklists v SVS

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