Continuing professional development courses
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IOSH Continuing Professional Development (CPD) courses will help you build your career and develop your industry knowledge.

Each course offers safety, health and wellbeing insights from learning and development experts, allowing you to challenge the status quo, inspire action and influence change in your organisation.

Whether you’re actively maintaining your CPD record as a Chartered, Graduate or Technical IOSH member, or just looking to understand a new topic, our CPD courses can help. By developing soft skills and looking at best practice, you can enhance your expertise as a safety and health professional. It’s also a great opportunity to refresh existing knowledge and update your CV.

We’re collaborating with hand-picked training providers to deliver courses that cover a range of topics. We also have a selection of dates and venues for you to choose from, making new skills even easier to access.
This one-day course gives OSH professionals a deeper understanding of behavioural safety and how to apply the principles of behavioural science to influence safety and health-related behaviours at work in all sectors.

There is plenty of thought-provoking discussion, along with useful signposts and food for thought, as well as the opportunity for delegates to exchange ideas and experiences.

Learning objectives
- The learner will gain a clear understanding of how to analyse behaviours and the nature of human error that contribute to accidents in the workplace.
- The course will demonstrate how habits are formed and can be changed to improve safety performance.
- The learner will develop the ability to apply the principles of behavioural science to influence behaviours that enable sustainable excellence in safety performance.

What’s in it for you?
Delegates will be able to understand and apply the principles of behavioural safety and be able to present and use behavioural safety-related content in their workplace.

Who should attend
This is a Core Skills course aimed at safety professionals, as well as managers and leaders with responsibility for safety performance.

What you need to know
The course hours are nominally 09.00–17.00 on one day.

Overview: Professional Development Courses

Member full pass: £345
Non-member full pass: £395
Prices shown exclude VAT.

For further information, please contact courses@iosh.com.
For booking support, please contact the Bookings team on +44 (0)116 257 3197, or via bookings@iosh.com.
This one-day course is about giving OSH professionals more confidence in developing their relationship and interactions with their board and directors through a deeper understanding of key aspects of good corporate governance and aligning this with the wider OSH context.

The course provides an opportunity for OSH professionals to think more strategically about OSH at board level, including from the perspective of board members. There is plenty of thought-provoking discussion, along with useful signposts and food for thought, as well as the opportunity for delegates to exchange ideas and experience.

Learning objectives

- Key aspects of good corporate governance including important recent developments.
- Valuable links between the ethos and benefits of good governance and OSH.
- What a framework for good practice in corporate OSH governance looks like.
- Factors influencing the strategic OSH context and bigger picture.
- How an OSH professional can influence their board through risk management, board OSH information, audit and assurance processes and the board annual OSH review.
- Opportunities for using ISO 45001:2018 strategically and linking it with good corporate OSH governance.
- Anticipating challenging questions that board members could ask about OSH.

Who should attend

The course is aimed in particular at OSH professionals in roles where they want to gain more knowledge, insights and confidence in this area and feel better equipped to engage actively with their board on OSH at a strategic level.

There has been very positive feedback, confirming that delegates see it as a valuable opportunity to develop their strategic skills alongside their technical skills which are well catered for elsewhere.

The course provides an opportunity for OSH professionals to think more strategically about OSH at board level and share some thought-provoking discussions, ideas and suggestions.

What’s in it for you?

All IOSH CPD courses will count toward CPD compliance. Reflective statement forms are provided in order for key messages and learnings to be documented and recorded.

Who should attend

The course is aimed in particular at OSH professionals in roles where they want to gain more knowledge, insights and confidence in this area and feel better equipped to engage actively with their board on OSH at a strategic level.

There has been very positive feedback, confirming that delegates see it as a valuable opportunity to develop their strategic skills alongside their technical skills which are well catered for elsewhere.

The course provides an opportunity for OSH professionals to think more strategically about OSH at board level and share some thought-provoking discussions, ideas and suggestions.

What you need to know

Lunch – Provided (please inform us if you have any dietary or special access requirements.)

The course hours are nominally 09.00–17.00 on one day.

Overview: Professional Development Courses

IOSH CPD course run in collaboration with Effective Health & Safety Management Ltd

Trainer: Neil Molyneux

Member full pass: £265.00
Non-member full pass: £315.00

Prices shown exclude VAT.

For information regarding dates please click here
To book your place, please download the booking form

For further information, please contact courses@iosh.com. For booking support, please contact the Bookings team on +44 (0)116 257 3197, or via bookings@iosh.com.
This workshop is for health and safety professionals and anyone else involved in managing construction projects. It is an opportunity to get to grips with the Construction (Design and Management) Regulations (CDM) from the point of view of the client, principal contractor and design team. Programme includes CDM Application, General Management Duties and CDM Documentation.

Learning objectives
On successful completion of the course, delegates should be able to:
- identify when CDM applies to a project
- outline the role of key post holders
- define the contents of the health and safety file
- provide the right pre-construction information
- outline the contents of a construction phase plan
- list the requirements for consultation, communication, co-ordination and competence.

What’s in it for you?
All IOSH CPD courses will count toward CPD compliance. Reflective statement forms are provided in order for key messages and learning to be documented and recorded.

Who should attend
Those interested in CPD aimed at Management Education.

What you need to know
Lunch – Provided (please inform us if you have any dietary or special access requirements.)

The course hours are nominally 09.00–17.00 on one day.

Overview: Professional Development Courses

Member full pass: £295.00
Non-member full pass: £345.00

Prices shown exclude VAT.

For information regarding dates please click here

To book your place, please download the booking form

For further information, please contact courses@iosh.com. For booking support, please contact the Bookings team on +44 (0)116 257 3197, or via bookings@iosh.com.
This course is an interactive, experiential one-day training event (held in an accessible location in London) for health and safety managers and advisers wishing to explore change management.

The course is run with two facilitators and is deliberately limited to a select number of delegates so that the material can be uniquely adapted to fit the needs of the participants in the room. This ensures managers access practical tools and techniques which will help them effectively support and acquire buy-in throughout periods of organisational change.

Learning objectives
- Understanding how change affects individuals and organisations.
- Supporting and preparing for upcoming changes.
- Learning how to manage others through changes in the workplace.
- Creating buy-in and overcoming individual resistance to change.
- Dodging the ‘positivity trap’.
- Managing your organisation through difficult changes.
- Becoming a ‘change agent’.
- Developing good working relationships with others.
- Harnessing your creativity in the midst of change.
- Building confidence and motivation in yourself and others.

What’s in it for you?
This course will give you a chance to learn about and discuss the different aspects of change and how it can affect different people within the organisation. It will also enable managers to adapt their own performance in implementing change and become a more effective agent for change within their organisation.

Who should attend
Those interested in CPD aimed at Core Skills.

What you need to know
Lunch – Provided (please inform us if you have any dietary or special access requirements.)

The course hours are nominally 09.00–17.00 on one day.
Coaching for Safety

OSH practitioners know about the law and the standards that need to be achieved and they have experience of how other organisations have solved problems. This is the greater knowledge and understanding they bring to a conversation and they are prized for it.

But supporting colleagues and clients to find the best solution to a health and safety problem while still ensuring that legal and other minimum standards are met requires more than technical knowledge alone. Which is why the very best OSH practitioners coach.

Coaching for Safety has been designed to provide the skills that will help you develop your collaborative style. It is a highly-participative, two-day workshop arranged around a core of live coaching sessions, all involving real-life issues delegates bring themselves – there is absolutely no role-play.

Learning outcomes
On successful completion of this course, delegates should:
- understand and demonstrate what coaching is and be able to interpret how it differs from other development techniques
- be able to demonstrate coaching techniques and to understand and be able to apply the attributes of a good coach
- understand and be able to use a technique for focusing curiosity and be able to demonstrate in practice the ability of being person-centred
- understand and be able to employ the GROW model of coaching in practice
- understand and be able to use the behaviours and techniques that contribute to active listening in practice
- understand and be able to apply in practice a methodology for being solution-focused
- be able to demonstrate an understanding of the value of coaching in the role of the OSH practitioner.

What’s in it for you?
All IOSH CPD courses will count toward CPD compliance. Reflective statement forms are provided in order for key messages and learning to be documented and recorded.

Who should attend
Those interested in CPD aimed at Core Skills.

What you need to know
Course materials, refreshments, lunches etc. will all be provided. (Please inform us if you have any dietary or special access requirements.)

Tea and coffee from 08.30 on day one.
The course starts at 09.00.
The course hours are nominally 09.00–17.00 both days. An early start is offered to delegates on day two.

Overview: Professional Development Courses

Member full pass: £475.00
Non-member full pass: £525.00

Prices shown exclude VAT.

For information regarding dates please click here

To book your place, please download the booking form

For further information, please contact courses@iosh.com.
For booking support, please contact the Bookings team on +44 (0)116 257 3197, or via bookings@iosh.com.
Understanding health and safety risks in design is a key element of CDM and the pre-planning phase that ensures those responsible for work in the construction phase, the ‘end user’ client operations team, maintenance team and all those who may be affected by initial design are considered and measure introduced to minimise risks.

This course assists those with responsibility for construction design to develop the ability to consider the health and safety risks associated with their designs. Analysing design risks is a key element of the programme, together with understanding the alternative designs that will reduce risk to those involved post-design.

The need to provide health and safety documentation regarding the design for the client will also be discussed, particularly given the changes of providing such information, post-Grenfell Tower, in the Building a Safer Future report.

This programme will enable participants to have an understanding of the practical application of the process of designing with health and safety in mind.

With the ever-changing requirements of legislation following significant incidents, this is a must-attend programme for all those who have health and safety duties in design.

**Learning outcomes**
- Understanding the key requirements of current safety legislation and guidance.
- Analysing the role of the designer in relation to health and safety.
- Applying the principles of risk analysis at initial design stage.
- Creating a package of information that should be included for the pre-construction phase documentation.
- Applying practical examples of design risk management.
- Analysing and creating the health and safety information that should be included in the Health and Safety File.
- Understanding the implications for failing to design with health and safety in mind.

**What’s in it for you?**
All IOSH CPD courses will count toward CPD compliance. Reflective statement forms are provided for key messages and learning to be documented and recorded.

**Who should attend**
- Those interested in CPD aimed at Management Education.
- Designers, design team members, principal designers, design managers and anyone involved in design.
- Clients and clients’ representatives involved with the selection of the design team and safety advisors requiring an overview of health and safety in design.

**What you need to know**
Lunch provided
Pre-requisites – an understanding of the Construction (Design and Management) Regulations and, ideally, prior attendance of the IOSH CPD programme, CDM – Understanding the Regulations.
Engaging to Prevent

Adopting a proactive approach to engaging workers can prevent many accidents. Many organisations are adopting a policy of sending managers and other senior leaders into the field to engage with staff and understand their health and safety concerns. This is not as simple as asking staff direct questions: it is more akin to listening to and understanding staff concerns, eliciting the knowledge that staff have about the way the job is actually undertaken and using that information to drive real change.

This course provides tools and techniques that will allow you to implement a systemic approach to engaging teams and investigate safety incidents before they occur. We explore how to create a positive framework when thinking about work and how to create questions that can be used to elicit information from the workforce – “killer questions” that focus on picking up indicators of problems before they become manifest as incidents. We will look at the importance of using the information to improve safety outcomes and how to analyse and feedback to improve safety in the workplace.

Learning outcomes
Delegates will be able to apply a range of tools from Appreciative Inquiry to creating their own “killer questions” and using them to elicit information from colleagues in the workplace. Delegates will be able to analyse the responses and evaluate the best way forward to reduce the number of incidents in the organisation.

What’s in it for you?
If you undertake safety tours, manage colleagues who conduct safety tours or provide advice on how to undertake safety tours, this course will explore a different way of thinking and provide advice on how to get more out of safety tours. It offers an insight on how to interact with colleagues to spot the warning signs that lead to accidents before they happen.

Who should attend
Managers, health and safety representatives and safety professionals who engage in safety tours.

What you need to know
Lunch – Provided (please inform us if you have any dietary or special access requirements.)

Pre-requisites – None
The course hours are nominally 09.00–17.00 on one day.
Evidence-Gathering and Analysis for Investigators

Gathering evidence during an investigation is an essential part of any successful management system. This programme ensures that participants are fully familiar with the types of evidence, the sources of evidence that may be gathered and how to correlate and corroborate the evidence to understand how the incident, accident or safety event has occurred.

During this two-day programme delegates will take part in evidence-gathering exercises to enable them to obtain and analyse the evidence, which will in turn lead them to identify where improvements to any management system can be made.

Current best practice guidance from the Health and Safety Executive, the College of Policing, ACAS and other formative organisations will be used as part of the investigative process, providing an understanding of how to retain ‘real’ and digital evidence to ensure its effective use, in accordance with Home Office guidelines.

The practical role-playing exercises, including interview techniques, web researching and documentation analysis, will not only enable delegates to gain an understanding of evidence-gathering processes but also provide a practical aspect of evidence-gathering to enhance the learning.

This programme is designed to provide a platform on which to build practical knowledge for investigation processes with a view to taking on a Lead Investigator’s role.

Learning outcomes
- Identifying the management requirements of the investigation process.
- Planning and organising the process of evidence-gathering.
- Explaining the process of gathering various forms of evidence.
- Selecting and making use of the various forms of evidence that may be gathered.
- Identifying the mechanisms for the management of the chain of evidence, including digital imaging.
- Conducting interviews and compiling witness statements.
- Corroborating evidence sources to analyse findings to develop an action plan.
- Recording and presenting evidence for use in the investigation report.

What’s in it for you?
All IOSH CPD courses will count toward CPD compliance. Reflective statement forms are provided for key messages and learnings to be documented and recorded.

Who should attend
- Anyone interested in CPD aimed at Management Skills.
- Professionals who are responsible for gathering and analysing evidence as part of ongoing investigations.
- Those working towards the role of Lead or Senior Investigator.

What you need to know
Lunch provided
Prices shown exclude VAT.

Pre-requisites – Delegates should have received a minimum of level 1 investigation input and working knowledge, including Root Cause Analysis, theory of investigation and reporting and recording of incidents and accidents.
This practical two-day course will provide supervisors, team leaders, first line managers and health and safety representatives with:

- an understanding of everyday safety practice
- a constructive forum for learning practical safety skills, tools and techniques
- the ability to play an effective role in the promotion and maintenance of a positive safety culture within their area of influence.

Delegates will be able to apply the tools and techniques to drive health, safety and wellbeing (HSW) performance at work. Based on training tens of thousands of delegates across some of the largest companies in the UK and Ireland, this course is designed to engage with people who can really make a difference in delivering HSW. The course explores critical ways in which HSW can be improved. It allows delegates to explore core values for HSW; the legal principles that underpin HSW; the importance of understanding, identifying and communicating HSW risk; risk assessment; controls and monitoring; how to understand and influence HSW behaviours; the importance of safe systems of work (and similar) and behaviour change; reactive safety; and how to be a leader at work.

Learning outcomes
Delegates will be:

- provided with tools that they can apply in their workplaces to drive HSW performance
- able to evaluate the behaviour of their colleagues and apply a Just Culture model to determining how to improve HSW performance
- provided with techniques to apply to quality assuring and improving the management of HSW risk
- able to apply simple risk communications techniques, to support HSW risk management.

What’s in it for you?
If you are involved in supporting your organisation in getting better at HSW management, as a supervisor, team leader, first line manager or health and safety representative, then this course will provide you with the tools and techniques to drive HSW performance. You will be able to analyse why people behave in certain ways, support the risk management process through the application of practical tools and participate in accident investigation.

Who should attend
Supervisors, team leaders, first line managers and health and safety representatives.

What you need to know
Lunch – Provided (please inform us if you have any dietary or special access requirements.)

Pre-requisites – None

The course hours are nominally 09.00–17.00 both days.
Fire Safety Risk Assessment
Principles and Practice

This two-day workshop provides managers and safety practitioners with principles and best practice in fire safety risk assessment. The programme includes syndicate and individual exercises, as well as theatrical risk assessment exercise.

Learning outcomes
On successful completion of the course, delegates should be able to:
- identify the requirements of current fire safety legislation and guidance
- be able to define the fire safety risk assessment process
- state the requirements when recording a fire risk assessment
- outline the contents of an effective action plan
- review and revise fire risk assessments as part of a fire safety management strategy.

What’s in it for you?
All IOSH CPD courses will count toward CPD compliance. Reflective statement forms are provided in order for key messages and learnings to be documented and recorded.

Who should attend
Those interested in CPD aimed at Management Education.

What you need to know
Lunch – Provided (please inform us if you have any dietary or special access requirements.)

The course hours are nominally 09.00–17.00 both days.

Overview: Professional Development Courses

Member full pass: £395.00
Non-member full pass: £445.00

Prices shown exclude VAT.

For information regarding dates please click here

To book your place, please download the booking form

For further information, please contact courses@iosh.com.
For booking support, please contact the Bookings team on +44 (0)116 257 3197, or via bookings@iosh.com.
This one-day masterclass gives experienced OSH professionals an innovative, practical and interactive workshop highlighting the key leadership and culture aspects of performance relating to workplace safety and health.

Drawing from robust research, proven methods and concepts this course explores the critical components of culture and effective leadership. It provides a practical toolkit of simple, high-impact tools and techniques that will enable rapid results in your workplace now.

Learning outcomes
On successful completion of the course, delegates should:
- have a clear understanding of which leadership styles can most effectively drive safety performance
- be able to demonstrate how the key components of culture are formed and can be changed to improve safety performance
- have the ability to conduct immediate and high-impact safety interventions.

What’s in it for you?
All IOSH CPD courses will count toward CPD compliance. Reflective statement forms are provided in order for key messages and learnings to be documented and recorded.

This programme will also be supported by pre-course and post-course e-learning content. PLUS, every delegate will receive a free copy of the world best-selling book on safety performance – From Accidents to Zero authored by Professor Andrew Sharman.

Who should attend
Safety professionals, managers and leaders with responsibility for safety performance.

What you need to know
Lunch – Provided (please inform us if you have any dietary or special access requirements.)

The course hours are nominally 09.00–17.00 on one day.
ISO 45001 requires an incident investigation to determine what happened, why it happened, and what can be done to prevent it from happening again. It specifically identifies the need to consider human behaviour, as well as wider systemic failures. This course explores:

1. What are human factors and incidents?
2. How can we model incidents?
3. What behaviours cause incidents?
4. Why do people make mistakes?
5. What do we bring to incidents investigation?
6. How do we add more value for investigations?

The course provides delegates with a range of tools and techniques that they can bring to incident investigation, to allow a greater insight into what provoked the incident, what can be done to prevent recurrence and how investigators might need to consider their own biases when investigating. The course will explore the importance of Just Culture and includes an interactive worked example using material developed by a large UK plc to explore some of the factors that will contribute to an incident. The course explores the importance of Just Culture and provides a flow chart to examine how the Reason/Rasmussen error model can be integrated into the COM-B model of behaviours to support effective investigation.

Learning outcomes

You will be able to apply an additional set of tools and techniques when you and your colleagues are undertaking accident investigations. You will be able to analyse the drivers for human behaviour and apply a bias model to support you in avoiding some of the common pitfalls associated with incident investigation.

You will gain an additional set of tools and techniques that you or your colleagues can employ when undertaking accident investigations. You will understand the importance of human behaviour and the biases we might bring to investigations.

What’s in it for you?

If you are required to undertake incident investigation and want to explore effective techniques to improve the quality of the investigation, as well as explore ideas to prevent recurrence, then this course will help you.

Your trainers will be a mixture of health and safety professionals and psychologists, who will provide you with a practical insight into how effective incident investigations will lead to improvements in your organisation.

Who should attend

Safety professionals, safety representatives, managers and supervisors who play an active role in incident investigation.

What you need to know

Lunch – Provided (please inform us if you have any dietary or special access requirements.)

Pre-requisites – None

The course hours are nominally 09.00–17.00 on one day.
After the two-day training the delegates will have the ability to manage the legionella risks on their sites and to carry out and review legionella risk assessments, plan and implement control strategies and conduct audits with respect to the ACOP L8 and supporting HSG guidance.

**Learning outcomes**
On completion, delegates will have sufficient basic knowledge of the practice and theory of Legionella management to enable them to:

- carry out simple Legionella risk assessments
- plan water sampling and testing programmes or critique contractors’ programmes
- plan practical control and management of Legionella systems
- design maintenance schedules to support the control systems
- fulfil the role of a ‘Responsible Person’.

A final written assessment will ensure that participants leave the course with the ability to perform their legionella management effectively.

**What’s in it for you?**
All IOSH CPD courses will count toward CPD compliance. Reflective statement forms are provided in order for key messages and learnings to be documented and recorded.

**Who should attend**
Those interested in CPD aimed at Core Skills.

Not sure about the Legionella risks in your workplace?
To find out more, please visit the [HSE website](#).

**What you need to know**
Lunch – Provided (please inform us if you have any dietary or special access requirements.)

Pre-requisites – None

The course hours are nominally 09.00–17.00 both days.
Many health and safety professionals are technically excellent but lack some of the skills necessary to manage themselves or influence their peers or directors. This one-day course is designed to improve your ability to manage yourself, prioritise your workload, be more commercially astute and, most importantly, influence your peers and directors effectively.

Learning outcomes
Delegates will:
- reflect on their own roles and effectiveness
- learn how to become more effective at influencing others
- appreciate their own strengths and limitations
- learn to add more value to their organisation
- learn to better manage their time
- learn how to make health and safety management an asset for their employer
- learn the benefits of expanding into the wider arena of risk management.

What’s in it for you?
The course is designed for any health, safety quality or environmental manager and others in an organisation that have specific duties and responsibilities for workplace health and safety risk management, control and improvement.

Benefits include:
- understanding why organisations exist and the importance of business risk management
- being more effective in selling the value of your function
- being more effective in managing yourself and leading others.

Who should attend
Those interested in CPD aimed at Core Skills.

What you need to know
Lunch – Provided (please inform us if you have any dietary or special access requirements.)

The course hours are nominally 09.00–17.00 on one day.
Modern CoSHH Management

Following this two-day training, delegates will have a good working knowledge of the theory and practice of carrying out assessment techniques and control strategies, arising from the use of substances in their workplace, as required by the Control of Substances Hazardous to Health regulations.

Learning outcomes
On completion, delegates will have sufficient basic knowledge of the practice and theory of CoSHH management to enable them to:
- understand the supply requirements for substances that are hazardous to health
- carry out CoSHH assessments
- select and implement effective risk reduction strategies
- plan Local Exhaust Ventilation testing programmes
- integrate health surveillance programmes within the assessment system
- outline programmes for exposure monitoring
- recognise when referral to a specialist may be required.

What’s in it for you?
All IOSH CPD courses will count toward CPD compliance. Reflective statement forms are provided in order for key messages and learning to be documented and recorded.

Who should attend
Those interested in CPD aimed at Core Skills.

What you need to know
Lunch – Provided (please inform us if you have any dietary or special access requirements.)
Pre-requisites – None
The course hours are nominally 09.00–17.00 both days.

Overview: Professional Development Courses

Member full pass: £415.00
Non-member full pass: £465.00

Prices shown exclude VAT.

For information regarding dates please click here
To book your place, please download the booking form

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For booking support, please contact the Bookings team on +44 (0)116 257 3197, or via bookings@iosh.com.
The UK’s Modern Slavery Act 2015 guidance puts strong emphasis on the importance of human rights due diligence. There is an expectation expressed that modern slavery due diligence will form a part of wider corporate social responsibility and human rights due diligence process.

In the updated foreword by the previous Home Secretary, Amber Rudd MP, stresses the “vital role” of business in the fight against modern slavery and she sets out her belief that “business must not be knowingly or unknowingly complicit with modern slavery” or “be profiting, no matter how indirectly” from slavery.

The Gangmasters & Labour Abuse Authority has the legal powers to investigate modern slavery and exploitation: Does your organisation provide a workforce for the labour industry? Are your operators working safely under the regulations and adhering to legislation?
In the last 18 months the GLAA has identified over 3,000 workers suffering labour abuse and more than 100 victims have been accepted by the Government’s National Referral Mechanism (NRM) – a process for ensuring the victims receive the help and support they need.

It is likely that your business will be obligated under the Act if it fulfils the following four conditions:
- it is a commercial organisation
- it has a global turnover of over £36mn
- it carries on a business, or part of a business, in any part of the United Kingdom;
- it supplies goods or services.

Learning outcomes
On successful completion of the course, delegates will be able to:
- understand the different forms of modern day slavery
- understand how the Government Strategy and legal framework for Modern Day Slavery Act 2015
- understand how and why victims become involved in slavery
- explore where victims could be located and identify the signs/risk indicators of how victims may present
- use the tools to assess and manage risk, prepare a modern Slavery Statement and respond to an incident of modern slavery
- understand the National Referral Mechanism (NRM)

What’s in it for you?
All IOSH CPD courses will count toward CPD compliance. Reflective statement forms are provided in order for key messages and learnings to be documented and recorded.

Who should attend
Those interested in CPD aimed at Core Skills.

What you need to know
Lunch – Provided (please inform us if you have any dietary or special access requirements.)

Pre-requisites – None
The course hours are nominally 09.00–17.00 on one day.
This workshop provides a pragmatic guide to “best practice” to managers and safety practitioners who do not need the full IOSH competency training. The programme includes hearing damage risk, a brief guide to noise terminology, a summary of the regulations, the use of sound level meters and a practical workshop.

Learning outcomes
On completion of the course, delegates will be able to:
- understand hearing damage risks and be able to explain the consequences to staff.
- understand noise terminology and the behaviour of sound.
- have a good understanding of the regulatory Action Levels and the expectations of the HSE.
- carry out basic noise measurements.
- understand the key performance issues governing implementation of risk management best practice.

What’s in it for you?
All IOSH CPD courses will count toward CPD compliance. Reflective statement forms are provided in order for key messages and learnings to be documented and recorded.

Who should attend
Those interested in CPD aimed at Core Skills.

What you need to know
Lunch – Provided (please inform us if you have any dietary or special access requirements.)

Pre-requisites – None

The course hours are nominally 09.00–17.00 on one day.

Overview: Professional Development Courses

Member full pass: £295.00
Non-member full pass: £345.00

Prices shown exclude VAT.

For information regarding dates please [click here]

To book your place, please download the [booking form]

For further information, please contact [courses@iosh.com].
For booking support, please contact the Bookings team on +44 (0)116 257 3197, or via [bookings@iosh.com].
This one-day masterclass will help you build a practical toolkit of simple, high-impact tools and techniques designed to increase your levels of health and energy, boost performance and productivity and return rapid results in your workplace. You will learn to apply the principles of health and wellbeing to your own lives and shift towards a more resilient, energised and focussed state of being.

This programme creates thought-provoking discussion, together with practical solutions to real-life energy and vitality issues that affect all facets of a person’s life – personal and professional.

Learning outcomes
Delegates will be able to understand and apply a simple robust framework for creating enhanced wellbeing in their personal lives and the workplace.
- Building a culture of healthy and happy employees.
- Enhancing productivity through increased focus and attention.
- Empowering both the individual and the organisation by creating a more vibrant and engaged workforce.

Who should attend
- Those interested in CPD aimed at Core Skills.
- People responsible for the mental and physical health and wellbeing programmes of your organisation at a global, regional or local level, including – EHSE / HSE / or Health, Safety and Wellbeing Directors, Leaders, Managers and Advisors.
- Those dedicated to reducing workplace sickness absence and improving wellbeing.

What's in it for you?
All IOSH CPD courses will count toward CPD compliance. Reflective statement forms are provided in order for key messages and learnings to be documented and recorded.
- Become a more resilient and positive person.
- Gain advanced self-leadership skills and become an exemplary role model.

Delegates receive a copy of Hari Kalymnios’ and Andrew Sharman’s book Working Well: What you need to know to live a longer, happier, healthier life.

What you need to know
Lunch – Provided (please inform us if you have any dietary or special access requirements.)
Pre-requisites – None
The course hours are nominally 09.00–17.00 on one day.

Overview: Professional Development Courses
Member full pass: £345.00
Non-member full pass: £395.00

Prices shown exclude VAT.

For information regarding dates please click here
To book your place, please download the booking form

For further information, please contact courses@iosh.com.
For booking support, please contact the Bookings team on +44 (0)116 257 3197, or via bookings@iosh.com.
Re-thinking Risk
Systems Thinking for the OSH Practitioner

This programme has been designed specifically for OSH professionals wanting to make a sustainable difference to their business by adding value and not just through minimising loss.

You have an awareness of the limits and dangers of linear thinking but find it difficult to establish a compelling vocabulary and message to convince those at the top. You have a solid grasp of OSH but find it challenging to articulate risks emerging from the assumptions that influence business decisions. If any of these resonate with you, then this programme will help you develop a common language for talking about systemic issues and equip you with a lens that helps you objectively expand your view and influence over organisational and operational reality.

Learning outcomes
- Describe the history and evolution of systems thinking.
- Explain principles of systems thinking e.g. system boundaries, parts and interrelationships.
- Differentiate ‘hard’ from ‘soft’ systems.
- Contrast the behaviour and application of ‘open’ versus ‘closed’ systems.
- Model basic causal loop diagrams using rich pictures.
- Apply the System of System Methodologies to define problem contexts.
- Use basic system maps to model your organisation.
- Demonstrate that OSH risk is an outcome of organisational and operational design and decision-making.
- Use systems thinking to engage non-safety professionals.

What’s in it for you?
- By adopting a systems thinking mindset, it enables you to look at your business in its wider context to understand how it functions;
- Systems thinking will enable you to describe accurately your organisational context;
- It will contextualise the ongoing debate involving Safety and Health Management Systems, Behavioural Based Safety, Safety 1 and Safety 2 as systems thinking is common to all of these; and
- You will be able to contribute effectively to organisational and operational performance by thinking of risk more holistically rather than at a task level.

All IOSH CPD courses will count toward CPD compliance. Reflective statement forms are provided in order for key messages and learnings to be documented and recorded.

Who should attend
OSH practitioners, such as health and safety directors, managers and advisors.

What you need to know
Lunch – Provided (please inform us if you have any dietary or special access requirements.)

Pre-requisites – None

The course hours are nominally 09.00–17.00 both days.

Overview: Professional Development Courses

As OSH practitioners continue to push the boundaries of OSH practice, IOSH has teamed up with a Systems Thinking practice, ARMSA Consulting, to deliver a two-day introduction to Systems Thinking programme.

Member full pass: £625.00
Non-member full pass: £675.00

Prices shown exclude VAT.

For information regarding dates please click here

To book your place, please download the booking form

For further information, please contact courses@iosh.com.

For booking support, please contact the Bookings team on +44 (0)116 257 3197, or via bookings@iosh.com.
Risk Assessments
Avoiding the Pitfalls

After 25 years of the “six-pack”, many organisations still struggle to undertake suitable and sufficient assessments. This two-day course explores what to assess and when not to write an assessment, why risk assessments fail to change behaviours and what the new legal framework means to risk assessments.

Learning outcomes
On successful completion of the course, delegates will be able to:
- understand what risk is
- demonstrate what a suitable and sufficient assessment of risk is
- explain when a written risk assessment is needed (and when don’t we need one)
- understand different methods of capturing risks – the XYZ model; task-based risk assessment
- understand the concept of quantifying risks – the importance of reasonable foreseeability
- understand controls – what is reasonable practicability and how does S40 work?
- carry out risk assessments as tools to manage risk.

What’s in it for you?
All IOSH CPD courses will count toward CPD compliance. Reflective statement forms are provided in order for key messages and learnings to be documented and recorded.

Who should attend
Those interested in CPD aimed at Core Skills.

What you need to know
Lunch – Provided (please inform us if you have any dietary or special access requirements.)
Pre-requisites – None
The course hours are nominally 09.00–17.00 both days.

The course is designed to be interactive and challenging. Experts in risk assessment and risk management will deliver the course.

Overview: Professional Development Courses

Member full pass: £345.00
Non-member full pass: £395.00

Prices shown exclude VAT.

For information regarding dates please click here
To book your place, please download the booking form

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