



# Welcome to IOSH Chiltern Branch

# 20<sup>th</sup> June 2019

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## Timetable

**1.15pm lunch**

**2pm – 2.20pm Intro**

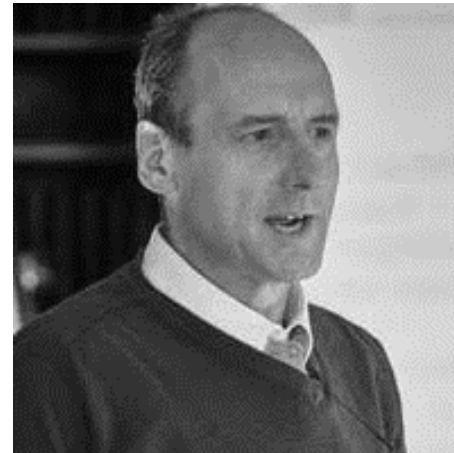
**2.20pm – 2.40pm Formal Networking Session**

**2.40pm – 3.30pm Speaker Part I**

**3.30pm – 3.45pm Tea Break**

**3.35pm- 4.45pm Speaker Part II**

Speaker: Michael Emery





Edit profile

# IOSH Chiltern

@IOSH\_Chiltern

Official Twitter #IOSH Chiltern Branch. All welcome to events. #wellness #health #Herts #Beds #Bucks Tag us in Positive OSH #POSH #healthandsafety 4 RTweets

Markyate, England

[exclusive.iosh.com/membership/our...](https://exclusive.iosh.com/membership/our...)

Joined September 2017

516 Following 441 Followers

Tweets Tweets & replies

Dinned Tweet



# Tweet Tweet

# @IOSH\_Chiltern

# #IOSHChiltern

# @IOSH\_Tweets

# Shuttleworth





# Save the Dates

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3<sup>rd</sup> Thursday in each month

- 19<sup>th</sup> September 2019 – Work at Height
- 17<sup>th</sup> October 2019
- 21<sup>st</sup> November 2019 – Legal Update + Evening Session
- 16<sup>th</sup> January 2020
- 20<sup>th</sup> February 2020
- 29<sup>th</sup> March 2020
- 16<sup>th</sup> April 2020 – AGM
- 21<sup>st</sup> May 2020
- 18<sup>th</sup> June 2020



# Chiltern Contact – Website & LinkedIn

The screenshot shows the IOSH Chiltern Branch website. At the top, there is a navigation bar with links for 'IOSH Magazine', 'Jobs', 'Contact', and a search bar. Below this is a secondary navigation bar with 'Membership', 'Training and Skills', 'Resources and research', and 'More'. The main content area features a 'Recent events' section with a large image of a forest path. To the left, there is a 'Related pages' sidebar with a list of links. Below the sidebar, a list of recent events is displayed, dated 17 May 2018.

**Recent events**

17 May 2018

- 1 Independent review of building regulations and fire safety
- 2 Building a safer world together
- 3 Innovation park brief
- 4 Fire explanation and demonstration
- 5 DSEAR awareness
- 6 Accident description
- 7 IOSH Fire Risk Management Group
- 8 Fire safety information sheet 1
- 9 Fire safety information sheet 2

**Related pages**

- Chiltern committee
- Branch events
- Recent events
- Branch news

The screenshot shows the LinkedIn profile page for the IOSH Chiltern Branch. The page header includes the LinkedIn logo, a search bar, and navigation icons for Home, My Network, Jobs, Messaging, Notifications, Me, Work, and Reconnect Premium. The profile name is 'IOSH Chiltern Branch' with an 'Admin view' button and a 'View as member' button. Below the name, there is a 'Page' tab and a 'NEW Admin tools' button. The main content area features a large banner image of a forest path, the IOSH Chiltern Branch logo, and the text: 'IOSH Chiltern Branch Nonprofit Organization Management · Markyate, Hertfordshire · 82 followers'. A description follows: 'IOSH Chiltern Branch is a hub for anyone involved in creating safe, healthy, sustainable, future fit workplaces AL3 8HH'. There are '+ Follow' and 'Visit website' buttons. The bottom section includes a 'Dashboard' with statistics for the last 30 days (60 visitors, 300% increase, 7 custom button clicks, 46% decrease, 1.9K all post impressions, 2.11% increase), a 'Start a post' button, and a 'Grow your page audience' section with an 'Invite' button for Claire Wood CMIOSH MCIIEH MSc BSc (Hons).

Eventbrite is Coming.....

<https://exclusive.iosh.com/membership/our-membership-network/our-branches/chiltern-branch/recent-events/>

# What's Coming Up



Enhance the occupational safety and health profession

- Topics Based on Survey
- Structured IPD Clinics
- Problem Solving
- Use of skills in the room
- Mixing Experience
- Soft skills to Empower collaboration & influence

Collaborate to build strategic partnerships

- Between other bodies
- Regulators
- IOSH Groups / Neighbours
- Local Business
- Grow Branch Reach
- Structured Networking

Influence and strengthen impact globally

- LinkedIn Review
- Extend use Twitter
- Local Networking / Voices
- Meeting needs of global reach members

# Diary



## 3<sup>rd</sup> Thursday in each month

- 16<sup>th</sup> & 17<sup>th</sup> September IOSH Conference
- 18<sup>th</sup> September 2019 Networks
- 19<sup>th</sup> September 2019 – Work at Height
- 17<sup>th</sup> October 2019
- 21<sup>st</sup> November 2019 – Legal Update + Evening Session
- 16<sup>th</sup> January 2020
- 20<sup>th</sup> February 2020
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# Sessions you requested

## Technical Topics

- Work at Height
- CDM15
- Legal updates, court prep, more from regulators
- Hackitt Review and what comes next
- Fire Safety & fire risk assessment
- COSHH – Dusts, Bio & Chem hazards & PPE
- Lone Working & Remote Working
- Accident Management/RIDDOR
- Transport
- Mental Health Wellness
- Risk Assessment
- Ergonomics / DSE



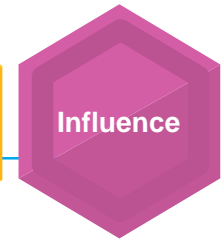
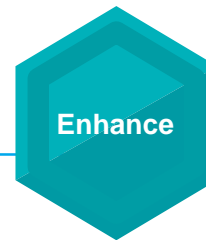
## Soft Skills

- Mentoring Skills
- Behavioural Safety
- Coaching & Effective Management Techniques
- Dealing with conflict & difficult conversations
- Leadership Workshops
- Problem Solving
- Inclusion
- Building Confidence
- Mental Fitness
- Report Writing



# WORK 2022

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**Non-health  
related fatalities**



**Occupational  
cancer**



**Well-being**



**Rehabilitation/  
return to work**



**Musculoskeletal  
disorders**



**Sustainability and  
human capital**

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# Michael Emery

