

The Importance of First Aid in Emergency Response !

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Health & Safety / Housekeeping !



- ▶ Please make yourself aware of your closest emergency exit.
- ▶ We have no fire drills planned for today. If the alarm sounds we will note all as an emergency and follow in full the instructions of the onsite ERT team.
- ▶ Fire Assembly Point Locations:



Overview !

- ▶ Company Introduction / Industry Experience
- ▶ ERT Challenges
- ▶ Importance of First Aid / Personal Safety
- ▶ Calling EMS
- ▶ Basics of Patient Assessment
- ▶ Preparation for EMS Arrival
- ▶ Critical Incident Stress Management (CISM)

- ▶ New First Aid Training Structure



Company Introduction !



- ▶ My name is Linda Gill Ryan and I am MD at Essential Health and Safety Training and Consultancy.
- ▶ We also have Pat Gill in attendance today and Pat is our Operations Manager.
- ▶ The very existence of our business is based on the fundamental aim of the SHWW Act 2005 and that is the prevention of workplace accidents. This we try to achieve by means of excellence across our wide range of health and safety training and consultancy services.
- ▶ We are an award winning company and are very humbled to have such a great team of dedicated trainers and consultants working alongside us.

Industry Specific Experience

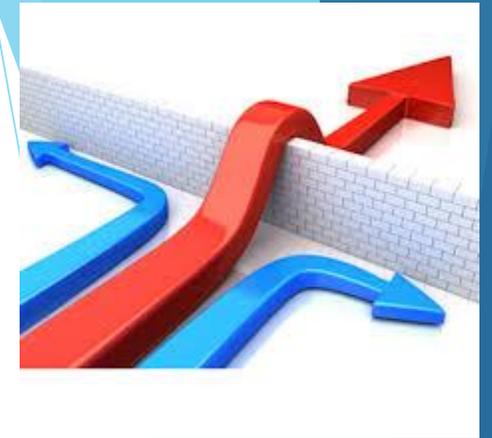
- ▶ Motor Industry
- ▶ Heavy Haulage
- ▶ Retail
- ▶ Heavy Manufacturing
- ▶ Food Industry
- ▶ Private / Public Sector

- ▶ National Ambulance Service (Volunteer / Rapid Response)



ERT Challenges !

- ▶ Clarity on roles and responsibilities
- ▶ Clarity on flow of arrangements
- ▶ Ownership / Responsible person(s)
- ▶ Resources
- ▶ Training





First Aid



The Importance of First Aid



- ▶ Every employer has a duty under all current Health and Safety legislation to ensure as far as is reasonably practicable the safety, health and welfare of all concerned.
- ▶ This includes the provision of first aid in the workplace.
- ▶ The Health and Safety Authority (HSA) have clear guidance on their website in relation to the required number of first aiders per site, contents of the first aid kit etc and a very useful Q&A section for review.
- ▶ All can be accessed at: http://www.hsa.ie/eng/Topics/First_Aid/



Personal Safety !



- ▶ For all involved in first aid / rapid response in the workplace, it is critical to remember your own safety. This can be sometimes all too easily forgotten about as you are and can be 100% focused and or engaged in the emergency at hand.
- ▶ **Scene Safety** involves observation by all from the time the call comes in:
 - ▶ Travel to scene
 - ▶ Existing hazards and risks
 - ▶ What caused the accident
 - ▶ Hazardous substances
 - ▶ Animals
 - ▶ Workplace transport



The Real World of First Aid Hazards !





Calling for Help !

- ▶ Ensure a nominated person is in place to activate the EMS.
- ▶ Dial 999 / 112 and state to the operator what service you require:
 - ▶ Ambulance
 - ▶ Fire Department
 - ▶ Coast Guard
 - ▶ Gardaí
 - ▶ Or a combination of the above



**KEEP
CALM
AND
REMEMBER YOUR
FIRST AID**





Calling for Help !

- ▶ Confirm your phone number, your location and your Eircode.
- ▶ Give control as much information as possible as this is critical to the crews on the ground even down to the colour of the large farm shed you will see along the way to the scene !!
- ▶ State the number / location of known casualties as best you can.
- ▶ Advise control of any health and safety hazards / access issues that might impact on the arriving crews.



**KEEP
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Calling for Help !

- ▶ Take instruction from control.
- ▶ **Do Not** hang up the phone until you are told to do so by the call taker.
- ▶ If you need to call back, do so !!



**KEEP
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RED Card

Information and sequence required by Ambulance Control when requesting an emergency ambulance response:

1. Phone number you are calling from
 2. Location of incident
 3. Chief complaint
 4. Number of patients
 5. Age (approximate)
 6. Gender
 7. Conscious? Yes/No
 8. Breathing normally? Yes/No
- If >35 years Chest pain? Yes/No
If trauma Severe bleeding? Yes/No

Basic Patient Assessment !

- ▶ **S:** Signs / Symptoms
- ▶ **A:** Allergies
- ▶ **M:** Medication
- ▶ **P:** Past History
- ▶ **L:** Last Meal
- ▶ **E:** Events

A	The patient is awake.
V	The patient responds to verbal stimulation.
P	The patient responds to painful stimulation.
U	The patient is completely unresponsive.



Preparation for EMS Arrival



- ▶ Assisting the patient and advising them of what will happen when EMS arrive.
- ▶ Clear the way for EMS personnel and vehicles.
- ▶ Have a person where safe to do so direct the crews in / car outside with the hazard lights on.
- ▶ Actioning what is called the Continuum of Care.
- ▶ Assisting Paramedics / Fire Fighters when they arrive with competent patient handover.



Critical Incident Stress Management (CISM)

- ▶ Critical Incident Stress Management is a fundamental part of a first aiders training and awareness.
- ▶ People deal with stress in very different ways and this is an important fact for all responsible for onsite ERT to understand.
- ▶ Employee Assistance Programmes may be in place for all concerned.
- ▶ Trained trauma counsellors can be engaged also if need be.
- ▶ Your local GP is also someone you can talk to if you are feeling the effects of dealing with a particularly traumatic incident at work.



NEW FAR Programme !

- ▶ Over the past number of months we have as businesses and indeed instructors been advised by both PHECC and the HSA about the new First Aid Training standards.
- ▶ The 7th statement was made by the HSA late 2017 in relation to progress. This detailed how in 2018 a final decision would be made in conjunction with all relevant bodies both academic and pre-hospital on the delivery of said programme. May of this year is the deadline for said talks.
- ▶ Until then we are permitted to deliver both OFA and FAR programmes but after said deadline only FAR will be recognised.



NEW FAR Programme !

- ▶ Despite the difficulties that exist on a national level at present, we must not forget the fundamental role of the First Aider and that is to:
 - ▶ **Preserve Life**
 - ▶ **Promote Recover**
 - ▶ **Prevent the Condition from Worsening**

As first aiders, we are the first link in the Chain of Survival and as a result a critical element of the care and support of the patient(s).

Regardless of what uniform you wear, what rank you may be, what organisation you are involved with, **TEAMWORK** is what it is all about !!

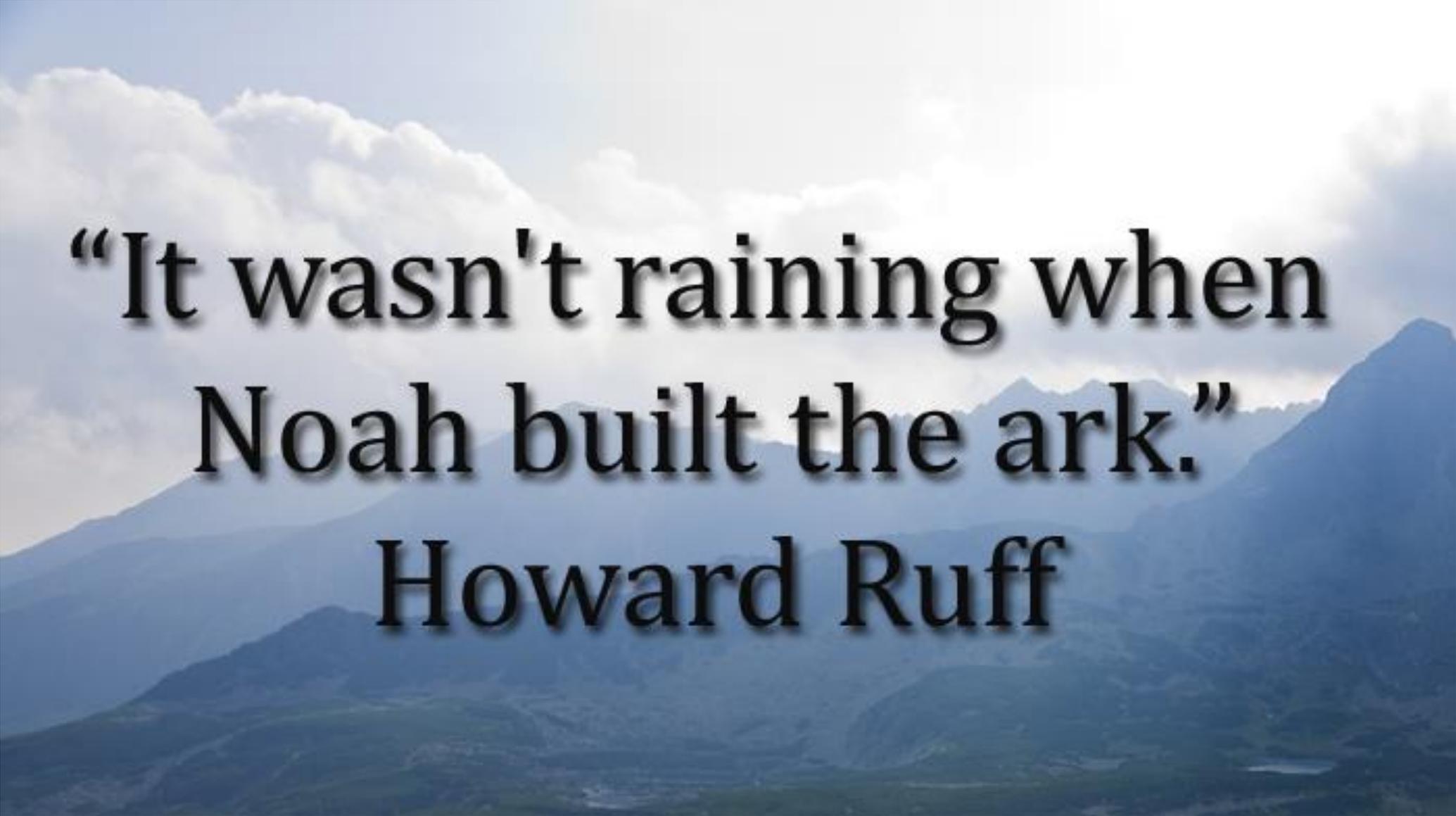
Trust me, I work on the frontline and know the importance of this all too well.



THANK YOU




ESSENTIAL
HEALTH & SAFETY

A scenic view of a mountain range under a cloudy sky. The mountains are layered, with the foreground being a dark, forested slope and the background showing more distant, hazy peaks. The sky is filled with soft, white clouds. The text is overlaid in the center of the image.

**“It wasn't raining when
Noah built the ark.”**

Howard Ruff