



STOP AND THINK



SLURRY ANIMALS FALLS EQUIPMENT

The NI IOSH Branch is happy to support and sponsor HSENI at the 149th Balmoral Show to offer a wide range of advice and support for local farmers and their families. We have also invited the IOSH Rural groups in Ireland and the UK to attend the event as our guests.

This year's Show will provide an exciting mix of food, farming excellence and showmanship alongside an exhilarating entertainment schedule, which shall run from 10th – 13th May 2017. Address: Balmoral Park, Maze Long Kesh, Lisburn, Co. Antrim, BT27 5RE.

The four days of the Show will include all that is brilliant about Balmoral, grassroots agriculture alongside a mix of shopping, entertainment and attractions.

HSENI shall once again host a stand and focus on farm safety relating to the ongoing Stop and Think SAFE campaign, including working at height, and will run practical demonstrations on chainsaw maintenance supported by IOSH NI. Now, more than ever it is time to pay attention to health and safety on farms. Tragically, since the year 2000 there have been more than 100 deaths on our farms with six children under 11-years losing their lives due to farm accidents. There were 7 deaths in NI last year. By working together we can better help farmers and their families stay safe and healthy.

As well as learning about health and safety there will be lots of fun activities. Children/Adults can learn first hand about common hazards on the farm, watch farm safety DVDs, avail of free literature/merchandise and enter free competitions. Don't forget to visit the qualified nurses from the Farm Families Health Checks adjacent to our stand. Their programme screening van will be offering free health checks, which take approximately 15 minutes, and covers:

- blood pressure
- weight and body mass index (BMI)
- cholesterol
- mental well-being
- diabetic risk
- cardiovascular risk



IOSH NI is part of the Farm Safety Affiliation Scheme and will continue to support local and cross border events in 2017/18

Opening times:	Ticket prices
Wednesday 9.30am - 6pm	Adult (Over 18) - £15
Thursday 9.30am - 8pm	Children under 5 years are free
Friday 9.30am - 6pm	Seniors (Over 65) - £11
Saturday 9.30am - 6pm	Child (5-11 years) - £2
Ticket price	Youth (12-18 years) - £9