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CPD and IPD made clear



CPD Presentation

What is CPD

Continuing Professional Development

- Continuing Professional Development (CPD) helps you create a structured career path, as well as safeguarding your professional status.
 - It's about improving your skills, knowledge and expertise by carrying out development activities
 - After carrying out these activities, you reflect on what you've gained or achieved.
 - While CPD is open to all categories of IOSH Membership, Technical Members, Graduate Members, Chartered Members and Chartered Fellows are bound by the IOSH Code of Conduct to carry out CPD.

Value of CPD to Members

- Helps to highlight gaps in your knowledge, skills and experience.
 - Builds confidence and credibility- you can track your learning and progress.
 - Creates a professional impression at appraisals and job interviews.
- Helps you maximise your earning potential.
 - Shows your employer that you are maintaining your skills.

Benefits of CPD to organisations

- Maximises staff potential by linking learning to actions and theory to practice.
 - Helps HR professionals to set specific, measurable. Achievable, realistic and time-bound objectives.
 - Promotes better staff morale and motivates the workforce.
 - Portrays a positive image/brand to other organisations.
 - Helps employees focus on individual achievements throughout the year.



How to maintain a successful CPD record

Your development plan

- Should be reviewed and updated on a regular basis
- It should include an overview of the following
 - 1. Duties and responsibilities (job description)
 - 2. Objectives (for the next 6-12 months)
 - 3. Personal development (strengths, weaknesses, area for improvement)

Activity Reflective statements

- What- what the activity was.
- Why- you decided to carry it out.
 - What- you gained from the activity.
 - How- you will use or apply the knowledge you gained in the future.

CPD- Recent changes

- No longer operates in three-year cycles
 - Points/credits are no longer part of the CPD assessment criteria.
 - Points/Credits have been removed.
- To save your development plan and activities, simply click a tick box (A, B, C, D).
 - A – (to save your development plan)
 - B,C,D (to save your activities).
 - CPD Assessment criteria focuses on the strength and content of your reflective statements.

Adopt a structured approach to your CPD

- The most common answer given by members for not completing CPD is “I don’t have enough time”
 - Develop an annual CPD planner
 - Record your activities
- Divide your working year into quarters.
 - Set aside 40 minutes at the end of each quarter to upload your CPD activities onto the microsite.
 - Review Record Reflect.

MyCPD

Our online **continuing professional development** (CPD) programme helps you to develop and maintain your knowledge and competence quickly and easily. It involves developing your career plan and routinely reflecting on your learning and workplace experience, from wherever you are.

Our CPD microsite, where you record your CPD, is fully secure and doesn't hold any of your personal details. Plus, you won't have to worry about being automatically logged out after 30 minutes. Use the button below to get to your online CPD, where you'll find your CPD record and help on how to use the online tools.

[Update your CPD online now](#)

CPD and IOSH

CPD allows IOSH to safeguard the health and safety profession by raising the standards of practice. It enhances IOSH's standing as a professional body by demonstrating that our members are keeping on top of their skills and knowledge, as required by the [IOSH Code of Conduct](#). To maintain their professional status, our Technical, Graduate and Chartered members all have to keep their CPD updated.

CPD webinars

Are you a member who would like to know more about CPD? Unsure of what CPD is?

We hold regular webinars for members who'd like to know more about the CPD process. The webinar is relevant for all members, especially if you need to record CPD to maintain your membership category.

Our next webinars will be held on:



[My CPD](#) | [My CPD Help](#)

Johnny Doe's CPD

How do I update my CPD?

You'll find guidance and FAQs under the "My CPD Help" section above.

[Expand All Sections](#) | [Collapse All Sections](#) | [Print](#) | [Download All](#)

Your CPD started on 29/01/2013.

PLAN - My Development Plan and Diary

▶ A: The Development Plan and Diary

Name	Start	End	Status	Type
Development Plan	14 Apr 2016	14 Jul 2016	STARTED	Activity
Add new activity				

COMPLETED ACTIVITIES

▶ B: Maintenance of Skills

▼ C: New Professional Skills

Name	Start	End	Status	Type
A	14 Apr 2016	20 Apr 2016	FINISHED	Activity

▶ D: Transferable-Management Skills

▶ Completed with no credits allocated

PLANNED ACTIVITIES

STARTED ACTIVITIES



IPD Presentation

How does IPD Work

Initial Professional Development

- Member is transferred to Graduate status
 - Member enrolls for IPD and pays £160 fee
 - IPD activated
- Member has up to 2 years to complete the assessment process.
 - Skills Development Portfolio (SDP)
 - CPD audit
 - Peer Review Interview

Who can do it?

- Only Graduate members are eligible
 - IPD is not compulsory like CPD, but is a requirement for progress to Chartered status.
 - A member can re-register if they do not complete IPD within the two year time period.

Skills Development Portfolio

- Evidence- based assessment process similar to an NVQ
- Produced online via MYIOSH-MYIPD
- Members choose seven criteria from the five elements
- Members upload evidence of their work electronically
- System will provide guidance on minimum requirements
- Evidence can go back up to two years.

Skills Development Portfolio

- Each criterion requires:
 - An outline or summary of proposed work and intended outcomes
 - An activity log
 - Indexed evidence
 - A reflective account

- Criteria can be submitted individually

- Two to three weeks for assessment.

Peer Review Interview

- Final part of the IPD assessment process
- Scheduled at various locations
- Video conference option for overseas members
- £80 fee for Grange; £95 for external venue
- PowerPoint presentation – 10 minutes.

Peer Review Interview

- Interviewed by a panel of CMIOSH/CFIOSH volunteers
- Interview lasts 45-60 minutes
- Outcome within 21 days
- If successful, transferred to CMIOSH
- If unsuccessful, feedback provided and re-interview required.

Thank you

Contact the Membership Team:
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