Meeting your Duty of Care: Managing Travel Risks and Mental well-being

A summary of the day
Chiswick Park, 6th March 2018
What can you expect from today?

The agenda

10:30 - 10:45  Welcome from Chair/ Chair Speech
                Hannah Smith, Global Director of Risk Management and
                Assurance, Gama Aviation PLC/ IOSH AAG Chair

10:45 – 11:30  Duty of Care - Introduction to International SOS
                Kai Boschman, Group Head of Marketing

11:30 – 12:00  Travel Risk Outlook
                Xavier Carn, Vice-President Security EMEA

12:00 – 12:30  When Medical Events Go Wrong in Flight
                Brent Palmer - Director Medical Instructors &
                Strategic Customer Relationships

12:30 – 13:00  International SOS - London Alarm Center Tour

13:00 – 13:45  Networking Lunch Break – MedAire/ International
                SOS
## The agenda

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<th>Time</th>
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<td>13:45 – 14:45</td>
<td>Non-communicable Diseases and their relevance to the Aerospace and Aviation industry</td>
<td>Dr Anthony Renshaw, Regional Medical Director, Europe</td>
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<td>14:45 - 15:15</td>
<td>Chemical, biological, radiological and nuclear</td>
<td>Dr. Bob Jefferson, Occupational Health Medical Director, Europe</td>
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<td>15:15 – 16:00</td>
<td>How can Occupational Health be used to manage workplace mental wellbeing</td>
<td>Dr Minha Rajput-Ray, RPS</td>
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<td>16:00 - 16:45</td>
<td>Mental health awareness in the workplace</td>
<td>Sarah Restall, Time To Change</td>
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<td>16:45 – 17:00</td>
<td>Closing Speech</td>
<td>Hannah Smith, IOSH AAG Chair</td>
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Duty of Care

Introduction to International SOS

Kai Boschman
Group Head of Marketing
Duty of Care

Key areas of interest:

• **International SOS Foundation**

• **Duty of care awards**: ‘Driving a culture of caring’. Don’t forget there only a week to register!

• Information was provided on free research, documentation and guidance that’s available from the Foundation.

Further information can be found in the full presentation slides
Travel Risk Outlook

Herlé-Xavier Carn,
Vice-President Security EMEA and Medaire International SOS & Control Risks
Travel Risk Outlook

Key areas of interest:

• Travel risk map and travel risks and employees based in overseas locations.

• Top 3 risks:
  1. Security threats (such as terrorism)
  2. Natural disasters and extreme weather events
  3. County risk ratings.

• Review of the accuracy of our travel risk assessments?

• The need for a dynamic risk assessment process to respond to rapidly changing situations.
When Medical Events Go Wrong in Flight

Brent Palmer
Director Medical Instructors & Strategic Customer Relationships
When Medical Events Go Wrong in Flight

Key areas of interest:

• Hope for the best, plan for the worst!

• The importance of good trip planning and preparation for being proactive rather than reactive, i.e.:
  • EMK plus
  • In-flight medical support to respond correctly and ensure correct diversions.
Non-communicable Diseases and their relevance to the Aerospace and Aviation industry

Dr Anthony Renshaw
BSc(Hons), MB ChB, MD(Res), MBA, MRCS(Ed), MFMLM
Medical Director, Medical Services, Northern Europe
NCD and their relevance to the Aerospace and Aviation industry

Key areas of interest:

- NCD surpassed infectious diseases in terms of prevalence some time ago.

- How do we focus on promoting NCDs in the Workplace?

- Most detrimental:
  1. Diet,
  2. exercise,
  3. smoking,
  4. alcohol use
  5. sleep/ stress.

- Workplace is cost effective place to put in initiatives.
Chemical, biological, radiological and nuclear

Dr. Bob Jefferson
Occupational Health Medical Director, Europe
Chemical, biological, radiological and nuclear

Key areas of interest:

• CBRN risks- are they on our risk register? Have we sufficient mitigation in place?

• Focus on how ERP is equipped to respond to these threats?

• Have we provided sufficient training and awareness in these areas?
How can Occupational Health be used to manage workplace mental wellbeing

Dr Minha Rajput-Ray
RPS
How can OH be used to manage workplace mental wellbeing?

Key areas of interest:

• Importance of company culture

• ‘Steering a ship through rocks and waves’, how can we help navigate our employees though these waters more effectively?

• How can we manage key risk factors in the workplace:
  1. exercise,
  2. Food
  3. Sleep
  4. management support - building a supportive environment to talk
Promoting Mental health well-being in the workplace

Sarah Restall
Employers Engagement Manager
Time to Change
Promoting Mental health well-being in the workplace

Key areas of interest:

• How can we contribute to mimising the stigma attached to mental health?

• Is your company going to sign the Time to Change Employer pledge?

• Range of free documentation and support available to help you tackle mental wellbeing in the workplace:

https://www.time-to-change.org.uk/resources
Summary

• Please find uploaded the speaker slides from IOSH AAG event in Chiswick.
• All feedback received was good/ excellent.

• A date for the diary: IOSH AAG Annual conference will focus on Incident and Accident Investigation and we already have some fantastic speakers:
  • The Aviator Hotel, Farnborough 10th July. Further details to follow.

Hannah Smith, IOSH AAG Chair