



MANCHESTER AND NORTHWEST DISTRICTS HEALTHCARE SERVICES SECTION

Minutes of Meeting

Friday 24 November 2017

Brookfield Masonic Hall, Westhoughton, Bolton

Present :

Mark Burns
Deborah Halicki
Terrence Harris
Ian Neil
Fiona Harradine
Lisa Harris
Lyn Ellis
Charles Williams
Melinda Lyons
Sue King
Jane Close
John Buck
Sally
Sallyanne Hunter

Apologies :

John Houlihan.

Guest Speaker Presentation

Katherine Metters. MCSP MSc.Erg CMIOSH PGCE. Ergonomist and H&S Consultant.

Katherine introduced herself to the group, and explained that her work focused on "Agile Working" in the workplace, and focused on introducing activity to work processes that usually didn't allow for this.

She used her PowerPoint presentation to good effect, illustrating the Pro's and Con's of Agile Work in the working environment. Poor posture, lack of nutrition and movement lead to stress.

She used examples, and invited the assembled members to participate, by asking members to stand up for 2 minutes, then to be re-seated. This sort of simple activity taken advantage of can give positive benefits to those taking part, and are easy to do and find time for.



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Karen then gave examples of Agile Worker assessments, these showed how utilising these techniques would ultimately show how these can be part of a daily work activity. These can also be passed onto activities outside the work environment.

Further examples, utilising DSE workers could be included in these assessments and help with work at display screen equipment which was pointed out, can encourage poor posture whilst using DSE. Utilising the Agile Worker scenario would give positive benefits not just at work but in the wider world.

At the conclusion of the presentation, Katherine took questions, and was finally given a round of applause for her presentation.

Mark thanks Katherine for her contribution.

A copy of Katherine's presentation will be sent out to accompany the meeting minutes.

Meeting

1. Apologies For Absence

Noted

2. Minutes Of The Last Meeting / Matters Arising

Members approved the minutes of the previous meeting as true and accurate record.

Mark informed the meeting that some item for discussion would have to wait for a meeting where more members were present.

All remaining actions from the previous minutes form part of the standing agenda item of the meeting.

3. Communication / Correspondence / Consultative Documents

In the absence of John Houlihan, this item would be held over until the next meeting in 2018.



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4. Regulatory Authority Update

No matters were presented to the meeting for discussion.

5. IOSH Manchester and Northwest Districts Branch Update

Nothing to report at this meeting.

6. Future topics of interest

Discussions took place amongst members and agreement was reached on the future topics of interest. John is currently liaising with the Manager of Brookfield Masonic Hall regarding the confirmation of dates for meetings in the new year and that the process of working with the new IOSH Networks Officer in obtaining guest speakers for the new Branch Programme had been successful.

Members also agreed on utilising meetings to share '*best practice*' or holding '*open forums*' on a number of health and safety themes so as to satisfy requests made by those newly appointed members within a health and safety role or from newly established healthcare providers.

7. IOSH CPD / IPD programme

Members were concerned that time away from work was being scrutinised rigorously, and some were finding it difficult to get released for meetings "off-



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site", this was affecting their ability to maintain their CPD programme, essential to maintain their status within IOSH.

No other matters were presented by members for discussion.

8. Members forum

Discussions took place amongst members on local health and safety issues.

9. Any other business

No matters were presented by members for discussion.

Date and time of next meeting

Friday January 26th 2018, Brookfield Masonic Hall.